



#### Your health comes first!

At MetLife, we are committed to offering our clients access to the specialist healthcare they need, when they need it, wherever it is in the world, and without barriers.



# Introducing Health Cover Abroad



Health Cover Abroad offers a new breakthrough in healthcare which provides access to worldwide specialist care, like never before. We understand that when it comes to treating critical illnesses, receiving the best care can make a big difference to health outcomes and that is why we are there to support you.

To obtain specialist healthcare, it is very common for residents to seek treatment abroad whether or not it is covered by insurance.

Source: Federal National Council Health and Environment Committee (2018)

In fact, this figure is rising by

10% annually.

### We're here to help you

Health Cover Abroad is a comprehensive healthcare plan that will support you through your entire critical illness treatment from diagnosis to recovery.

If diagnosed with one of the 6 critical illnesses\*, MetLife will arrange and pay for:



Treatment/surgery in the best hospitals around the world (except the Gulf region)



Medicines



Flights and Accommodation covered for you and a companion



Translator provided



Hospitalization



Visas

### Coverage Amount: USD 1 million per year and USD 2 million per lifetime. Premium will change based on attained age as per the below table.

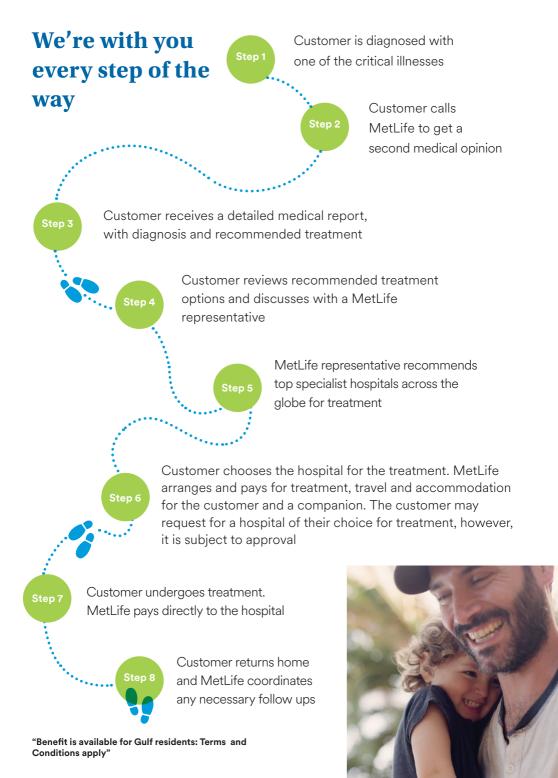
Age/Insured	Premium (USD)
6 months - 18 years	350
19 - 49 years	1,200
50 - 54 years	1,800
55 - 59 years	2,400

Age/Insured	Premium (USD)
60 - 64 years	3,600
65 - 69 years (renewals only)	4,200
70 - 85 years (renewals only)	4,800

Note: Future rates may be subject to change.

#### \*Covered Critical Illnesses:

- Cancer
- Bone marrow transplant
- Live donor organ transplant
- · Treatment of benign brain tumor
- Coronary artery bypass surgery
- Heart valve surgery



Health Cover Abroad offers a new world of medical choice where breaking down the access barrier and getting the best treatment abroad becomes the norm, rather than the exception.

### Ahmed's story







UAE

48 years of

John Hopkins hospital

Ahmed went for a routine check-up and doctors detected cancer. However, the doctors were unable to make a firm diagnosis. Uncertain and worried, Ahmed called MetLife for a second medical opinion. Doctors confirmed that he had cancer and recommended John Hopkins (in the USA) as the best hospital for treatment. Ahmed then underwent a bone marrow transplant and chemotherapy for 3 months in the US. Fortunately, he no longer faces a terminal diagnosis and is with his family getting better every day.\*



Premium paid \$2000



Medical cost of treatment \$400,000



Flights for Ahmed and Spouse \$10,000



Accommodation for 3 months \$10,000



Coverage remaining \$1.58m

For Ahmed, the option of international treatment through his MetLife insurance policy saved his life.

\*These figures are estimates only. They are not a reliable guide to the future performance of this plan.



#### **Health Cover Abroad Hospital List**



Once a claim eligibility has been confirmed, MetLife will provide a short list of International Hospitals that are best suited to treat the customer's condition. However, MetLife does not limit customer choice by working with a restricted network of hospitals as we believe customers should be matched with the most appropriate medical solutions anywhere across the world as part of the 'Worldwide' coverage.

This is a sample list of hospitals and is not limited to the below providers only:

#### USA

Country	City	Hospital	Specialities
	Houston, TX	University of Texas M.D. Anderson Cancer Center	Cancer
			Ear, Nose & Throat
			Gynecology
			Urology
			Cancer
	Baltimore, MD	Johns Hopkins Hospital	Cardiology & Heart Surgery
			Ear, Nose & Throat
			Cancer
			Gastroenterology
	Rochester,		Gynaecology
	MN	Mayo Clinic	Nephrology
			Neurology & Neurosurgery
			Pulmonology
			Urology
			Cancer
USA		Brigham and Women's Cancer Center	Cardiology & Heart Surgery
			Gastroenterology
	Boston, MA		Gynaecology
			Nephrology
			Neurology & Neurosurgery
			Pulmonology
			Urology
		Cleveland Clinic	Cancer
			Cardiology & Heart Surgery
			Ear, Nose & Throat
	Cleveland,		Gastroenterology
	OH		Gynaecology
			Nephrology
			Neurology & Neurosurgery
			Pulmonology
			Urology

Country	City	Hospital	Specialities
			Cancer
			Cardiology & Heart Surgery
			Ear, Nose & Throat
<b>USA</b> Boston, MA		Gastroenterology	
	Boston, MA	Massachusetts General Hospital	Gynaecology
			Nephrology
			Neurology & Neurosurgery
			Pulmonology
			Urology

#### Western Europe

Country	City	Hospital	Specialities
	Marseille	Hôpital de la Timone - Adultes	All
	Bordeaux	Clinique de Saint Augustin	Oncology
	Paris	Centre Hospitalier Universitaire (CH) Nord - Centre	All
FRANCE	Paris	Groupe Hospitalier Universitaire (CH) Est	Heart Surgery
	Paris	American Hospital of Paris	All
	Paris	Clinique Bizet	All
	Paris	Hôpital Européen Georges Pompidou	All
	Rotterdam	Erasmus Medisch Centrum Universitait Medisch Centrum Rotterdam (All Specialties)	All
NETHERLANDS	Amsterdam	Antoni van Leeuwenhoek Cancer Center	Oncology
	Leiden	Leids Universitair Medisch Centrum	All
	Hamburg	Asklepios Klinik Altona	All
	Hamburg	University Medical Center Hamburg-Eppendorf	All
GERMANY	Frankfurt	Klinikum der Johann Wolfgang Goethe-Universität	All
GERWANT	Munich	Klinikum der Universität München	All
	Bonn	Universitätsklinikum Bonn (University Hospital)	All
	Heidelberg	University Clinic Heidelberg Universittsklinikum Heidelberg	All
	Geneva	HUG - Hopitaux Universitaire de Geneve	All
SWITZERLAND	Lausanne	CHUV - Centre Hospitalier Universitaire Vaudois	All
SWITZERLAND	Bern	Universitaetsspital Bern	All/ Neonatology
	Zurich	Universitaetsspital Zurich	All
	Graz	Graz University Hospital	All
AUSTRIA	Wien	AKH Wien- Univ. Klinik für Neurochirurgie	Neurosurgery
AUSTRIA	Wien	Rudolfinerhaus Hospital	All
	Wien	Privatklinik Döbling	Cancer
UK	Sutton, London	The Royal Marsden NHS Trust/ Institute of Cancer Research Royal Cancer Hospial	Cancer
	London	King's College Hospital NHS Foundation Trust	All

Country	City	Hospital	Specialities
UK	London	National Hospital for Neurology and Neurosurgery	Neurosurgery
UK	London	The London Clinic	All
	Lisbon	Centro Clínico Champalimaud	Cancer
	Lisbon	Hospital da Luz	All
PORTUGAL	Lisbon	Hospital CUF Descobertas	All
	Lisbon	Hospital dos Lusiadas	All
	Lisbon	Centro Clínico Champalimaud	Cancer
	Milan	Istituto Europeo di Oncologia	Cancer
	Rome	Salvator Mundi International Hospital	All
ITALY	Milan	IRCCS Istituto Nazionale dei Tumori	Cancer
	Rome	Rome American Hospital	Heart Surgery
	Milan	IRCCS Insituto Neurologico Carlo Besta	Neurosurgery
	Madrid	MD Anderson	Cancer
SPAIN	Barcelona	Teknon	All
	Madrid	Hospital Universitario Quiron	All

#### Asia

Country	City	Hospital	Specialities
	Chungcheon gnam-do	DanKook University Hospital	Cardiovascular
SOUTH KOREA	Daejeon	Konyang University Hospital	All
SOUTH KOREA	Seoul	Korea University Anam Hospital	All
	Bucheon	Sejong General Hospital	All
	Matsumoto City	Aizawa Hospital	All
	Miura-Gun, Kanagawa	Hayama Heart Center	Cardiovascular
JAPAN	Kamogawa	Kameda Medical Center	Cancer
	Tokyo	NTT Medical Center	All
	Tokyo	St. Luke's International Medical Center	Cancer
	Hong Kong	Canossa Hospital	All
HONG KONG	Hong Kong	Hong Kong Adventist	Cancer
HONG KONG	Hong Kong	Matilda International Hospital	Cancer
	Hong Kong	Tsuen Wan Adventist Hospital	All
	Shanghai	Children's Hospital of Fudan University	Cancer
	Shanghai	Huashan Hospital, Fudan University	All
CHINA	Shanghai	Shanghai Children's Medical Center	Pediatrics
CHINA	Shanghai	Tongji Hospital	All
	Shanghai	Ruijin Hospital	Cancer
	Beijing	Beijing Anzhen Hospital, Capital Medical University	All

Country	City	Hospital	Specialities
	Shanghai	Huashan Worldwide Medical Center	All
	Shanghai	Zhongshan Hospital	All
CHINA	Shanghai	Xijing Hospital	All
	Chengdu, Sichuan	West China Hospital	All
	Beijing	Peking Union Medical College Hospital, International Medical Services	All
	Gebze, Kocaeli	Anadolu Hospital	All
TURKEY	Istanbul	American Hospital	All
	Istanbul	Memorial Hospital	All
	Singapore	National University Hospital International Patient Liaison Centre	All
	Singapore	Johns Hopkins Singapore International Medical Centre	Cancer
SINGAPORE	Singapore	Raffles Medical center (1 hospital and 52 clinics)	Cancer
	Singapore	Singapore General Hospital, International Medical	Transplantations
	Singapore	National Heart Centre Singapore, International Medical Services	Cardiovascular
	Mumbai	Fortis Hospital Mumbai	Cancer
	Ahmedabad	Apollo Hospital	Cancer
INDIA	New Delhi	BLK Super Speciality Hospital	Heart Surgery
	Gurgaon	Artemis Hospital	Neurosurgery



Age: 39 Health Condition: Breast Cancer Hospital: MD Anderson Cancer Center



We know that, when it comes to the treatment of Critical illnesses, it is tough, the access to modern medication is difficult, and we thought that someday everyone can fall ill, so we decided to get the insurance.



#### **Background:**

- A healthy woman in her late 30's with a 5 year old son, felt a lump in her right breast.
- She underwent a consultation with her doctor who ordered a biopsy and genetic test which showed that the woman had developed a rare form of breast cancer.
- Her cancer was caused by a harmful mutation in her BRCA1 gene and was only seen in 5-9 percent of cases.
- Her doctor told her there was no chance of a cure.
- Devastated and shocked by her terminal prognosis, she contacted the MetLife team and asked us to investigate whether there may be a treatment abroad

#### How MetLife helped:

- MetLife carried out a detailed assessment of the case and collected her medical records and imaging documents.
- MetLife looked for the best treatment centre that would accept her as a patient and presented a choice of several leading hospitals in Spain, Germany and Italy.
- She chose the MD Anderson Cancer Center in Madrid that specialises in breast cancer treatment. The hospital is an international affiliate of the MD Anderson Group, a renowned group of US-based hospitals known for their clinical excellence and breast cancer expertise.

#### **Treatment and Impact:**

- Because she was covered under Health Cover Abroad, she faced no financial or geographic barriers to receiving her treatment. MetLife took care of all the arrangements on her behalf.
- Following her first consultation in Madrid and a full medical check, cancer was also detected in her lung.
- The doctors recommended chemotherapy to reduce the area of the tumour. An operation on her lung cancer was performed successfully using the latest medical technology.
- All costs and arrangements for the surgery, treatment, travel and accommodation were covered by the insurance.
- She is now back home and feeling better. She is still being supported by her foreign doctors and the MetLife team.

"I believe I made the right decision though it was difficult to leave my son. I didn't know how things would end and was worried that I might lose precious time with my son before I passed away. But I came for treatment and now here I am - with my husband and little son and I'm living a normal life."

#### Total cost of treatment covered by Health Cover Abroad was around USD 216,000:



Medical consultations and diagnostic testing



Surgery and at MD Anderson Hospital and further followup consultations.



Flights, private transfers and accommodation for herself and her companion.



MetLife concierge services, including interpretation and translation for her entire stay.



Age: 1 year Health Condition: Cardiovascular Hospital: Mount Sinai Kravis Children's Hospital, New York, USA



Thank you for setting this up for our child. We are very relieved to hear that the operation was a success. The doctors were very happy.

#### **Background:**

- An infant was diagnosed with complete Atrioventricular Septal Defect (AVSD) and Down's Syndrome at birth.
- Children with this condition are more likely to suffer congestive cardiac failure in the first few months of life. Without surgery, many of these children die.

#### How MetLife helped:

- The infant's parents sought advice and recommendations on the most effective treatments that were available for their child and contacted MetLife for help.
- MetLife obtained a second medical opinion to confirm the diagnosis and identify where the child would receive the best healthcare. A paediatric cardiac surgery specialist analysed the case and recommended complete atrioventricular septal defect repair surgery.
- As the child was covered under Health Cover Abroad, the child was eligible to undergo the treatment with all costs and arrangements taken care of by MetLife.

#### **Treatment and Impact:**

- MetLife worked closely with the child's parents to determine the most appropriate surgeon for the
- MetLife put everything in place to ensure as smooth a trip as possible for the family. MetLife made all the arrangements from the hospital admissions to the travel to New York and hotel bookings. This left the child's parents free to focus on their child's recovery.
- The child underwent atrioventricular canal repair surgery which was followed by several follow-up appointments arranged by our staff.
- These post-surgery checks were essential to ensure the child was making good progress. After a month,the child returned home and is doing well and growing stronger every day.

"I personally liked how helpful and accommodating MetLife are. It was very pleasant to deal with."

Total cost of treatment covered by Health Cover Abroad was around USD 233,000:



Medical consultations and diagnostic



Surgical procedure at Mount Sinai Kravis Children's Hospital and further follow-up consultations.



Flights, private transfers and accommodation for the child and parents



MetLife concierae services for the entire stay



Our experience and superior standards demonstrate our commitment to paying claims quickly and fairly.

#### We make customers' lives easier

We're constantly working to make sure our customers have the right tools and personal support to submit and track a claim—quickly, conveniently, seamlessly.

#### We go above and beyond

We're not only committed to paying our claims; we're also passionate about helping customers prevent illness to further protect their wellbeing.

#### We have proven experience

We've been providing transparent, customer-centric insurance services to individuals and businesses across the Middle East since 1953.

For more information please visit MetLife.ae/claims

MetLife Inc, (NYSE: MET), through its subsidiaries and affiliates ("MetLife"), is one of the world's leading financial companies, providing insurance, annuities, employee benefits and asset management to help its individual and institutional customers navigate their changing world.

Founded in 1868, MetLife has operations in more than 40 countries and holds leading market positions in the United States, Japan, Latin America, Asia, Europe and the Middle East. For more information, visit www.MetLife.com.

MetLife is a pioneer of life insurance with a presence of nearly 65 years in the Gulf. Through its branches and distribution partners, MetLife offers life, accident and health insurance along with retirement and saving products to individuals and corporations.

For more information, visit www.MetLife-gulf.com

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### صحتك أولاً!

إننا ملتزمون في متلايف بضمان حصول عملائنا على ما يحتاجونه من الرعاية الصحية المتخصصة عند اللزوم في أي مكان يتواجدون فيه في العالم وبدون قيود.



تقديم التغطية الصحية في الخارج



تقدم التغطية الصحية في الخارج التطور في مجال الرعاية الرعاية التي تتيح الحصول على الرعاية المتخصصة في جميع أنحاء العالم، بشكل لم يسبق له مثيل. وعندما يتعلق الأمر بمعالجة الأمراض المستعصية، فإننا ندرك أن الحصول على رعاية أفضل يمكن أن يحدث فارقًا كبيرًا في النتائج الصحية وهذا هو سبب وجودنا بجانبك لدعمك.

### للحصول على الرعاية الصحية المتخصصة، كثيراً ما يطلب المقيمون العلاج بالخارج سواء كان ضمن التعطية التأمينية أم لا.



### ستجدنا بجانبك لمساعدتك

برنامج التغطية الصحية في الخارج عبارة عن خطة شاملة للرعاية الصحية تدعمك خلال رحلة علاجك من الأمراض المستعصية بمراحلها كافة، من التشخيص وحتى الشفاء.

إذا شُخصت حالتك بأحد الأمراض الستة المستعصية\*، ستتولى متلايف ترتيب ودفع تكلفة:



العلاج أو الجراحة في أفضل





تغطية مصاريف السفر والإقامة



الخاصة بك وبمن يرافقك



الأدوية

أتعاب المترجم

العلاج بالمستشفى

#### مبلغ التغطية: ١ مليون دولار في السنة و٢ مليون دولار مدى العمر. سوف يتغير قسط التأمين بناءً على العمر الذي تم بلوغه وفقًا للجدول أدناه.

القسط التأميني (بالدولار الأمريكي)	العمر/المؤمن عليه
٣,٦٠٠	٦٠ – ٦٤ سنة
٤،٢٠٠	٦٥ – ٦٩ سنة (تجديدات فقط)
٤؞٨٠٠	۷۰ – ۸۵ سنة (تجدیدات فقط)

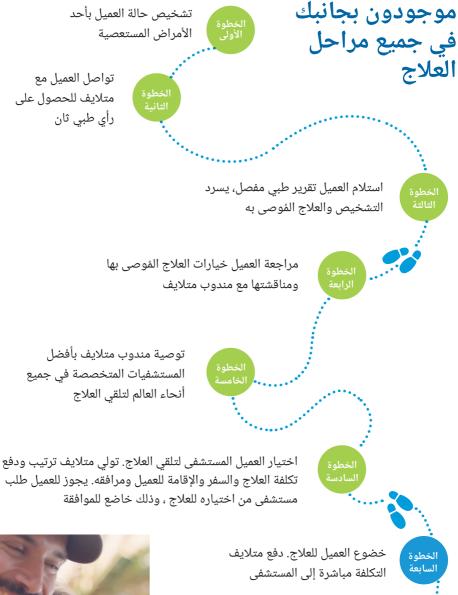
القسط التأميني (بالدولار الأمريكي)	العمر/المؤمن عليه
۳0٠	٦ أشهر – ١٨ سنة
1,7	١٩ – ٤٩ سنة
۱،۸۰۰	۰۰ – ٥٤ سنة
۲,٤٠٠	00 – 00 سنة

ملاحظة: الأسعار المستقبلية عُرضة للتغيير.

#### \* الأمراض المستعصية المغطاة:

- السرطان
- · زراعة النخاع العظمي
- زراعة عضو من متبرع حي

- ورم الدماغ الحميد
- جراحة فتح مجرى جانبى للشريان التاجى
  - جراحة صمام القلب





عودة العميل إلى الوطن وتنسيق متلايف أي عمليات متابعة ضرورية



تتوفر المنفعة للمقيمين في منطقة الخليج فقط: تطبق الشروط والأحكام

### توفر التغطية الصحية في الخارج عالمًا جديدًا من الخيارات الطبية حيث يصبح إزالة القيود في سبيل الحصول على أفضل علاج في الخارج هو القاعدة وليس الاستثناء.









مستشفی جون هوبکنز

ذهب أحمد لإجراء فحص روتيني واكتشف الأطباء إصابته بالسرطان. ورغم ذلك، لم يستطع الأطباء إجراء تشخيص قاطع لحالته. وأصابته الريبة والقلق، فتواصل أحمد مع متلايف للحصول على رأي طبي ثان. وأكد الأطباء إصابته بالسرطان وأوصوا بتلقيه العلاج في مستشفى جون هوبكنز (في الولايات المتحدة الأمريكية) التي تقدم أفضل أنواع العلاج. وخضع أحمد بعد ذلك لعملية زرع نخاع العظام والعلاج الكيميائى لمدة ٣ أشهر في الولايات المتحدة. ولحسن الحظ، انتهت مرحلة تشخيصه بالمرض وبدأ يتعافى تدريجيًا وهو مع أسرته\*.







الإقامة لمدة ٣ أشهر ۱۰٬۰۰۰ دولار



الرحلات الجوية لأحمد وزوجته ۱۰،۰۰۰ دولار



تكلفة العلاج الطبي ٠٠٠،٠٠٠ دولار



القسط المدفوع ۲،۰۰۰ دولار

بالنسبة لأحمد، لقد أنقذ خيار العلاج الدولى المقدم له من خلال تأمين متلايف حياته.

\* هذه الأرقام هي تقديرات فقط. إنها ليست دليلًا موثوقًا به للأداء المستقبلي لهذه الخطة.



## ملتزمون بالسداد في كل الأحوال

تثبت تجربتنا ومعاييرنا العالية التزامنا بدفع المطالبات بشكل عاجل وعادل.

#### نجعل حياة العملاء أسهل

نعمل باستمرار لنجعل عملائنا يتمتعون بالأدوات المناسبة والدعم الشخصي عند تقديم وتتبع المطالبة بسرعة وسهولة ودقة.

#### نذهب إلى أبعد مدى

نلتزم بدفع المطالبات الخاصة بنا، ونهتم بمساعدة العملاء في مواجهة المرض من أجل حماية صحتهم.

#### خبرة مجربة

نقدّم خدمات تأمين تتميّز بالشفافية تتمحور حول العملاء من الأفراد والشركات في الشرق الأوسط منذ العام ١٩٥٣.

لمزيد من المعلومات، يرجى زيارة MetLife.ae/claims

شركة متلايف إنك (رمزها MET في بورصة نيويورك) من خلال فروعها والشركات التابعة لها (-متلايف-)، هي شركة رائدة عالميا في مجال التأمين على الحياة ودفعات الراتب السنوي والتأمين الجماعي للموظفين وإدارة الأصول ، و تساعد عملائها من الأفراد والشركات على المضي في دروب حياتهم المتغيرة.

تأسست متلايف في عام ١٨٦٨، ولها عمليات في أكثر من ٤٠ بلداً وتتبوأ متلايف مواقع ريادية في أسواق الولايات المتحدة واليابان وأمريكا اللاتينية وآسيا وأوروبا والشرق الأوسط. لمزيد من المعلومات، يرجى زيارة www.MetLife.com.

متلايف هي شركة رائدة في مجال التأمين على الحياة موجودة في منطقة الخليج منذ قرابة ٦٥ عاماً. ومن خلال الفروع التابعة لها، تقدم شركة متلايف تأمين على الحياة وضد الحوادث وتأمين صحي، بالإضافة الى برامج وخدمات التقاعد والادخار للأفراد والشركات.

لمزيد من المعلومات، يرجى زيارة www.MetLife-gulf.com

إخلاء المسؤولية: الشركة الاميركية للتأمين على الحياة هي شركة تابعة لـ متلايف انك وهذا البرنامج مكتتب من قبل الشركة الاميركية للتأمين على الحياة (متلايف) ويخضع دوماً لشروط وأحكام الخطة ووثيقة التأمين والبنود الإضافية لوثيقة التأمين الصادرة من متلايف. المعلومات المبينة في هذه النشرة معدة لغرض الفهم العام للعميل فقط ولا تحتوي على الشروط الكاملة لوثيقة التأمين. يرجى الرجوع إلى وثيقة التأمين للاطلاع على الشروط والأحكام بالكامل.

