

A Small Shot, A Big Shield



Flu season is here, don't wait to take action.
Join the 2025 Flu Vaccination Campaign and help stop the spread.

Why get vaccinated?

The flu isn't just a seasonal inconvenience. It can lead to serious health complications, especially for those at higher risk. By getting your flu shot, you:



Strengthen your immune system



Support efforts to reduce outbreaks



Help prevent the spread of illness to family, friends, and colleagues



Contribute to a healthier, more productive workplace

Where can I have my flu vaccine?

UAE		
Provider Name	Discount for Adults	Location
Adam & Eve Specialized Medical Center	₹59	Abu Dhabi
Advanced Care Group, Medical Centers & Pharmacies	₹60	<ul style="list-style-type: none"> Advanced Care Medical Center (Branch) – Al Quoz 2 Advanced Care Medical Center (Branch) – Al Qusais First gulf Medical Center – Muweilah, Sharjah
Al Diyafa Medical Group	₹79.60	Dubai
Amina Healthcare	₹55	Ajman
Aster	₹55	All locations except Al Ain
Ash Tree Clinic	₹99	Dubai
Armada Medical Center and Armada One Day Surgical Center	₹99	Dubai
Burjeel	₹55	Dubai
Burjeel	₹75	<ul style="list-style-type: none"> Burjeel Day surgery - AL REEM ISLAND Burjeel Day Surgery - SHAHAMA Burjeel Medical Center - AL SHAMKHA Burjeel Medical Center - AL ZEINA Burjeel Medical Center - AL MARINA Burjeel Medical Center - SAADIYAT ISLAND
Docib Clinic	₹75	Dubai

UAE		
Provider Name	Discount for Adults	Location
Dr. Ismail Healthcare Group	₹69	Dubai
Dr. Reena Beegum Clinic	₹79	Dubai
Dr. Sirajudeen Medical Centre	₹65	Dubai
Erum Saba Medical Center	₹69	Sharjah
Jupiter Clinic	₹79	<ul style="list-style-type: none"> Jupiter Specialty Medical Center L.L.C Jupiter Al Nahda Polyclinic L.L.C Jupiter Al Qusais Polyclinic L.L.C
KAMKAR Medical & Physiotherapy Center	₹80	Dubai
Kings College Hospital	₹55	Dubai
Marhaba Medical Center	₹99	Dubai
MedCare	₹99	All MedCare Medical centers
Mediclinic	₹90	All Mediclinic Hospitals
LLH Hospital	₹120	Abu Dhabi
Prime	₹55	Dubai
Right Medical Center	₹99	Sharjah
Shifa al Jazeera	₹69	Sharjah
Specialized Medical Center	₹125	Sharjah
Thumbay Medical & Dental Speciality Centre	₹55	Sharjah
UniCare	₹50	Dubai
Zulekha Hospitals	₹85	Dubai and Sharjah

BAHRAIN		
Provider Name	Discount for Adults	Location
Al Amal Hospital	BD 9	Bahrain
Al Salam Specialist Hospital	BD 9	Bahrain
Aster Clinics	BD 8	Bahrain
Awali hospital	BD 10.3	Bahrain
Bahrain Special Hospital	BD 10	Either on client site or BSH Juffair / Riffa Clinics / or BSH Airport clinic
International Medical Centre	BD 6	Bahrain
Royal Bahrain Hospital	BD 5	Bahrain

QATAR	FREE OF CHARGE
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KUWAIT		
Provider Name	Discount for Adults	Location
City Clinic Group	KD 7	<ul style="list-style-type: none"> City Clinic Int'l, Fahaheel City Clinic (Mirqab) City Clinic Mahboula City Clinic Khaitan
International Hospital Kuwait	KD 12	Kuwait

OMAN		
Provider Name	Discount for Adults	Location
Al Basma Distinctive Medical Services	OMR 10	Muscat, Oman
KIMS HOSPITAL OMAN	OMR 9	Oman

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[Click here to access our wellness hub](#)

The seasonal flu campaign is a MoHAP initiative in line with the UAE's strategy to provide comprehensive health coverage and protect members of society against infectious diseases. Campaign is active till September 2025 and subject to vaccines availability.

*Disclaimer: Availability of the vaccine is not the responsibility of MetLife. Call the provider for availability. Children might need a consultation first before given a vaccine and price may vary.